UX Feedback Report

**1. User Feedback**

**User 1: Jane Doe**

* **Background:** 35 years old, fitness enthusiast, works in marketing.
* **Feedback:**
  + *Screen 1 (Workouts)*:  
    "The dark color scheme looks sleek, but it's hard to distinguish between the workout cards because there isn't enough contrast."  
    "The 'Create' button is too prominent; it should match the visual hierarchy of 'Start'."
  + *Screen 2 (Trainers)*:  
    "I like how simple it is to book a trainer, but I expected more details about each trainer when I clicked on their name."  
    "The ‘Book Now’ button could use a more noticeable hover effect for feedback."
  + *Screen 3 (Sign Up)*:  
    "The form is straightforward, but adding placeholders for inputs would be helpful (e.g., 'Enter your email')."  
    "It would be nice to know the password requirements (e.g., minimum length, special characters)."

**User 2: Mike Smith**

* **Background:** 26 years old, beginner in fitness, software developer.
* **Feedback:**
  + *Screen 1 (Workouts)*:  
    "The card layout is easy to understand, but I expected to see more variety in workouts (e.g., pictures or icons for each workout)."
  + *Screen 2 (Trainers)*:  
    "The 'Book Now' button doesn't clearly convey what happens next. Does it schedule a session, or will I get more details first?"
  + *Screen 3 (Sign Up)*:  
    "The form is simple, but it feels bare. A progress indicator or motivational message (e.g., 'You're one step closer to your fitness journey!') could make the process feel more engaging."

**2. Key Improvements Based on Feedback**

| **Screen** | **Feedback Summary** | **Suggested Improvement** |
| --- | --- | --- |
| Workouts | Cards lack contrast and workout details. | - Increase contrast between cards (e.g., lighter card backgrounds). - Add exercise durations or tags like "Beginner" to each card. - Change ‘Create’ button styling to secondary. |
| Trainers | Users want more trainer details and interaction clarity. | - Include a hover state or clickable trainer card leading to a detailed trainer page. |
| Sign Up | Form lacks guidance and feedback. | - Add placeholders to fields (e.g., 'Enter your email'). - Provide password requirements below the password field. |

**3. Changes Implemented**

1. **Visual Enhancements**:
   * Adjusted card background colors for better contrast on the Workouts screen.
   * Added a secondary color for the 'Create' button to reduce its prominence.
2. **Information Additions**:
   * Added workout durations on the Workout cards.
3. **Usability Improvements**:
   * Included placeholders and password requirements in the Sign-Up form.
4. **Interaction Feedback**:
   * Added hover effects on all buttons to provide clear feedback.

**4. Future Steps**

* Perform another round of testing after implementing changes.
* Focus on accessibility, such as adding screen reader support.